

Swimming Pool Timetable

October Half Term Monday 25th – Sunday 31st October 2021

Monday

0700 – 0800	Lane Swimming
0815 – 0915	Lane Swimming
0945 – 1030	Swim Pods
1100 – 1145	Swim Pods (ALN)*
1200 – 1300	Lane Swimming
1400 – 1445	Swim Pods
1515 – 1600	Swim Pods
2000 – 2100	Lane Swimming

Tuesday

0700 – 0800	Lane Swimming
0815 – 0915	Aqua Fit
1030 – 1115	Swim Pods
1200 – 1300	Lane Swimming
1430 – 1515	Swim Pods
1600 – 1645	Swim Pods
1915 – 2000	Adult Improver Lessons
2015 – 2100	Lane Swimming

Wednesday

0700 – 0800	Lane Swimming
1800 – 1845	Swim Pods
1930 – 2030	Lane Swimming

Please note:

Book & pay in advance

Swim Pods* suitable for families with additional learning needs.

For a copy in large print, easy-read, Braille, audio, or an alternative language, please contact
01437 764551

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This item is also available in Welsh/ Mae'r eitem hon ar gael yn Gymraeg hefyd

Thursday

0700 – 0800	Lane Swimming
0815 – 0915	Lane Swimming
1000 – 1045	Wave 4/5 Masterclass
1050 – 1150	Wave 6/7 & Waterdragons Masterclass
1200 – 1300	Lane Swimming
1400 – 1445	Swim Pods
1515 – 1600	Swim Pods
1915 – 2000	Adult Beginner Lessons
2015 – 2100	Lane Swimming

Friday

0700 – 0800	Lane Swimming
0815 – 0915	Lane Swimming
0945 – 1030	Swim Pods
1100 – 1145	Swim Pods (ALN)*
1200 – 1300	Lane Swimming
1430 – 1515	Swim Pods
1600 – 1645	Swim Pods
1730 – 1815	Swim Pods

Saturday

0830 – 0930	Lane Swimming
0945 – 1045	Lane Swimming
1130 – 1215	Swim Pods
1245 – 1330	Swim Pods
1400 – 1445	Swim Pods

Sunday

0830 – 0930	Lane Swimming
0945 – 1045	Lane Swimming
1130 – 1215	Swim Pods
1245 – 1330	Swim Pods
1400 – 1445	Swim Pods



Book your space online or using our Pembs Leisure app

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