

Swimming Pool Timetable

Commencing 30th August 2021

Monday

0615 - 0730	Lane Swimming
0745 - 0845	Lane Swimming
1215 - 1300	Lane Swimming
1200 - 1300	Swim Pods*
1900 - 2000	Lane Swimming

Tuesday

0615 - 0730	Lane Swimming
0800 - 0900	Aqua Fit
1215 - 1300	Lane Swimming
1845 - 1945	Lane Swimming

Wednesday

0615 - 0730	Lane Swimming
0745 - 0845	Lane Swimming
1215 - 1300	Lane Swimming
1200 - 1300	Swim Pods*
1730 - 1830	Lane Swimming

Thursday

0600 - 0645	Adult Swimfit
0700 - 0745	Lane Swimming
0800 - 0845	Aqua Fit
0900 - 0945	Aqua Fit
1200 - 1315	Lane Swimming
1900 - 2000	Lane Swimming
2030 - 2130	Lane Swimming

Friday

0615 - 0730	Lane Swimming
1200 - 1315	Lane Swimming
1200 - 1300	Swim Pods*
1700 - 1800	Lane Swimming

Saturday

0730 - 0830	Lane Swimming
1130 - 1230	Swim Pods
1300 - 1400	Swim Pods

Sunday

0945 - 1045	Swim Pods*
1130 - 1230	Lane Swimming
1245 - 1345	Swim Pods



*Learner Pool only

Sessions may vary on 30.08.21 due to the bank holiday.

Version 1. Correct at the time of print.

All of our timetables are available on our website and the Pembs Leisure App.

This item is also available in Welsh/Mae'r eitem hon ar gael yn Gymraeg hefyd. For a copy in large print, easy-read, Braille, audio, or an alternative language, please contact Pembrokeshire County Council on 01437 764551.

Booking and Cancellation Policy Applies.