

SWIMMING POOL TIMETABLE

MONDAY 13TH APRIL - SUNDAY 24TH MAY 2026



Monday (Excludes 4th May)

6.00am - 9.00am Lane Swimming**
6.00pm - 7.00pm Public Swimming
 8.00pm - 9.00pm Lane Swimming

Tuesday

7.00am - 8.00am Lane Swimming**
 8.15am - 9.15am Aqua Fit
 2.45pm - 3.25pm Public Swimming
6.00pm - 7.00pm Public Swimming
 7.00pm - 7.45pm Adult Improver Lessons

Wednesday

6.00am - 9.00am Lane Swimming**
 11.00am - 12.30pm Lane Swimming
 6.00pm - 6.45pm Public Swimming
 8.15pm - 9.00pm Lane Swimming

Thursday

7.00am - 9.00am Lane Swimming**
 9.15am - 11.30am Bubbles & Splash Lessons
 11.30am - 12.30pm Aqua Fit
 12.45pm - 1.45pm Public Swimming
 2.00pm - 3.00pm Lane Swimming
5.45pm - 6.45pm Public Swimming
 7.20pm - 8.10pm Adult Swimming
 8.15pm - 9.00pm Lane Swimming

Friday

7.00am - 9.00am Lane Swimming**
 9.00am - 10.30am Public Swimming
 11.00am - 12.30pm Lane Swimming
 6.00pm - 6.45pm Floats & Fun

Saturday

7.30am - 9.00am Lane Swimming**
9.15am - 10.15am ALN Floats & Fun
 10.30am - 11.30am Public Swimming
 11.45am - 12.45pm Family Floats & Fun*
 (Learner pool & shallow end of main pool only)
1.00pm - 2.00pm Public Swimming

Sunday

8.15am - 9.45am Lane Swimming**
 10.00am - 11.00am Family Floats & Fun*
 (Learner pool & shallow end of main pool only)
 11.15am - 1.00pm Public Swimming

	Learner pool only
	FREE for all registered children aged 19 & under
*	Family Floats & Fun ratio: 0-3 years - One responsible person 16+ to two children 4-7 years - One responsible person 16+ to three children 0-3 & 4-7 years - One responsible person 16+ to three children (one aged 0-3 and two aged 4-7)
**	No pre-booking, book in at the centre on arrival.
ALN	Addition Learning Needs
<u>Although not essential, we would recommend booking to guarantee your space</u>	



ALL TIMETABLES ARE AVAILABLE ON OUR APP. THIS ITEM IS ALSO AVAILABLE IN WELSH.

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COUNCIL ON 01437 764551