

SUMMER HOLIDAYS

JUNIOR TIMETABLE

20th July – 30th August 2026

DAY	ACTIVITY	TIME	AGE
MONDAY	Family Fitness*	09:00 - 17:00	11*
	Floats and Fun**	09:00 - 10:00	0+
	Family Floats and Fun	10:00 - 11:45	0+
	Public Swimming	13:00 - 17:00	0+
	Youth Circuits**	15:00 - 15:45	11-16
	Big Bounce	10:00 - 17:00	2-11
TUESDAY	Family Fitness*	09:00 - 17:00	11*
	Floats and Fun	09:00 - 10:00	0+
	Public Swimming	12:00 - 17:00	0+
	Big Bounce	10:00 - 17:00	2-11
WEDNESDAY	Family Fitness*	09:00 - 17:00	11+*
	Pool Inflatable***	10:00 - 11:00	8+
	Public Swimming	13:00 - 16:00	0+
	Disco Floats and Fun	16:00 - 17:00	0+
	Big Bounce	10:00 - 17:00	2-11
THURSDAY	Family Fitness*	09:00 - 17:00	11*
	Floats and Fun	10:30 - 11:30	0+
	Public Swimming	12:00 - 17:00	0+
	Design Squad**	14:00 - 15:00	4-10
	Big Bounce	10:00 - 17:00	2-11
FRIDAY	Family Fitness*	09:00 - 17:00	11+*
	Floats and Fun**	09:00 - 10:00	0+
	Family Floats and Fun	10:00 - 11:45	0+
	Public Swimming	13:00 - 17:00	0+
	Big Bounce	10:00 - 17:00	2-11
SATURDAY	Family Fitness*	07:30 - 15:00	11+*
	Junior Swimfit	09:30 - 10:30	8+
	Floats and Fun	10:45 - 11:45	0+
	Public Swimming**	11:45 - 12:45	0+
	Big Bounce****	10:00 - 15:00	2-11
SUNDAY	Family Fitness*	07:30 - 15:00	11+*
	Family Floats and Fun	10:15 - 12:15	0+
	Public Swimming	12:30 - 14:30	0+
	Big Bounce****	10:00 - 15:00	2-11

*Accompanied by adult and induction required

**Free for all registered juniors & teens

***Need to be confident in deep water

**** No Big Bounce on 25th July, 29th August or 30th August