



# insport Series: Cardigan

Sat 26 Oct 2024

10am-1pm

Teifi Leisure Centre, SA43 1HG

insport Series events provide inclusive sporting opportunities for disabled young people and adults across Wales. insport Series comes to Teifi Leisure Centre with opportunities for ages 5+.

Participants can enjoy:

Fencing, boccia, Wheelchair Basketball, Scarlets, Cattlestrength (fitness), Wheelchair Rugby, Football and Archery.

*To find out more and to register, please visit:*

[insportseries.co.uk](https://insportseries.co.uk)