

VARIABLE POOL TIMETABLE

MONDAY 20TH JULY - SUNDAY 30TH AUGUST



Monday

- 06:00am - 08:00am Lane Swimming
- 08:15am - 09:15am Public Swimming
- 09:30am - 10:30am Disco Floats & Fun ***
- 12:05pm - 1:05pm Aquafit
- 1:45pm - 2:45pm Disco Floats & Fun
- 3:00pm - 4:00pm FREE Public Swimming
- 4:05pm - 7:05pm Public Swimming
- 7:15pm - 8:45pm Lane Swimming
- 9:00pm - 10:00pm Public Swimming

Tuesday

- 06:00am - 08:00am Lane Swimming
- 08:15am - 09:15am Public Swimming
- 09:30am - 10:30am Floats & Fun ***
- 12:10pm - 1:10pm Aquafit
- 1:45pm - 2:45pm Disco Inflatable
- 3:05pm - 6:50pm Public Swimming
- 7:00pm - 7:45pm Aqua Zumba
- 8:00pm - 10:00pm Public Swimming

Wednesday

- 06:00am - 08:00am Lane Swimming
- 08:15am - 09:15am Public Swimming
- 09:30am - 10:30am Disco Floats & Fun
- 12:25pm - 1:25pm Aquafit
- 1:45pm - 2:45pm Disco Floats & Fun
- 3:00pm - 4:00pm FREE Public Swimming
- 4:05pm - 7:00pm Public Swimming
- 8:00pm - 10:00pm Lane Swimming

Thursday

- 06:00am - 08:00am Lane Swimming
- 08:15am - 09:15am Public Swimming
- 09:30am - 10:30am Disco Floats & Fun ***
- 11:45am - 12:45pm Disco Inflatable
- 1:45pm - 2:45pm Disco Floats & Fun exc. 23rd July
- 3:05pm - 7:05pm Public Swimming
- 7:15pm - 8:15pm Lane Swimming

Friday

- 07:05am - 08:05am Lane Swimming
- 08:15am - 09:15am Public Swimming
- 09:30am - 10:30am Disco Floats & Fun exc. 14th
- 12:05pm - 1:05pm Aqua Fit
- 1:45pm - 2:45pm Disco Floats & Fun
- 4:05pm - 6:20pm Public Swimming
- 6:30pm - 8:00pm Adult Swimming Lessons
- 8:00pm - 10:00pm Lane Swimming

Saturday

- 06:00am - 07:30am County Swimming Squad
- 08:00am - 11:00am Public Swimming
- 12:00pm - 4:00pm Private Hire/Parties

Sunday

- 09:10am - 10:10am FREE Public Swimming
- 10:10am - 11:10am Public Swimming
- 11:15am - 1:45pm Floats & Fun
- 2:00pm - 4:00pm Pembrokeshire Puffins Disability Swimming Squad

Please be advised that all sessions scheduled in the Variable Pool during the week commencing 27th July will not take place due to essential maintenance. We apologise for any inconvenience caused.

Both Small Pool & Variable Pool	*** Excluding Week commencing 10 th August
** Excluding week commencing 3 rd August	**** Excluding week commencing 17 th August



All timetables are available on our app. this item is also available in welsh.
For a copy in large print, easy-read, Braille, audio, or an alternative language,
please contact Pembrokeshire County Council on [01437 764551](tel:01437764551)