

Swimming Pool Timetable Commencing 30th August 2021

Monday

0615 - 0715	Lane Swimming
0730 - 0900	Lane Swimming
1200 - 1300	Lane Swimming
2115 - 2200	Lane Swimming

Tuesday

0745 - 0900	Lane Swimming
0915 - 1000	Aqua Fit
1010 - 1055	Aqua Fit
1200 - 1300	Lane Swimming
1730 - 1815	Lane Swimming (3 Lanes Only)

Wednesday

0615 - 0715	Lane Swimming
0730 - 0815	Lane Swimming
1200 - 1300	Lane Swimming
1815 - 1915	Tri Swimming
2100 - 2200	Lane Swimming

Thursday

0745 - 0900	Lane Swimming
0915 - 1000	Aqua Fit
1010 - 1055	Aqua Fit
1200 - 1300	Lane Swimming

Friday

0615 - 0730	Lane Swimming
0800 - 0900	Lane Swimming
1200 - 1300	Lane Swimming
1600 - 1645	Lane Swimming
1800 - 1845	Adult Swimfit**

Saturday

0730 - 0900	Lane Swimming
1130 - 1230	Swim Pods
1245 - 1345	Swim Pods
1400 - 1500	Swim Pods

Sunday

0730 - 0900	Lane Swimming
0930 - 1030	Swim Pods
1045 - 1145	Swim Pods
1245 - 1345	Swim Pods
1400 - 1500	Lane Swimming

** Session not available 10th September.
Sessions may vary on 30.08.21 due to the bank holiday.



Version 1. Correct at the time of print.

All of our timetables are available on our website and the Pembs Leisure App.

This item is also available in Welsh/Mae'r eitem hon ar gael yn Gymraeg hefyd.
For a copy in large print, easy-read, Braille, audio, or an alternative language, please contact
Pembrokeshire County Council on
01437 764551.

Booking and Cancellation Policy Applies.