

Swimming Pool Timetable Commencing 8th April 2024

Monday

6.00am - 7.00am	Lane Swimming**
7.00am - 8.00am	Lane Swimming
8.00am - 9.00am	Lane Swimming
12.00pm - 1.00pm	Lane Swimming
12.00pm - 1.00pm	Public Swimming***
9.00pm - 10.00pm	Lane Swimming**

Tuesday

7.00am - 8.30am	Lane Swimming
8.45am - 9.30am	Aqua Fit
12.00pm - 1.00pm	Lane Swimming
12.00pm - 1.00pm	Public Swimming***
5.30pm - 6.30pm	Lane Swimming*
8.00pm - 9.00pm	Tri-Swim
9.00pm - 10.00pm	Lane Swimming**

Wednesday

6:00am - 7:30am	Lane Swimming**
7.30am - 8.30am	Lane Swimming
8.45am - 9.30am	Aqua Fit
12.00pm - 1.00pm	Lane Swimming
12.00pm - 1.00pm	Public Swimming***
9.00pm - 10.00pm	Lane Swimming

Thursday

7.00am - 8.00am	Lane Swimming**
8.00am - 9.00am	Lane Swimming
9.10am - 9.55am	Aqua Fit
12.00pm - 1.00pm	Lane Swimming
12.00pm - 1.00pm	Public Swimming***
9.00pm - 10.00pm	Lane Swimming

Friday

6.00am - 7.00am	Lane Swimming**
7.00am - 8.00am	Lane Swimming
8.00am - 9.00am	Lane Swimming
12.00pm - 1.00pm	Lane Swimming
12.00pm - 1.00pm	Public Swimming***
4.00pm - 5.00pm	Family Swimming
5.00pm - 6.00pm	Adult Swimfit
7.00pm - 8.00pm	Lane Swimming**
8.00pm - 9.00pm	Lane Swimming

Saturday

7.30am - 9.00am	Lane Swimming
8.00am - 10.00am	Family Swimming***
9.00am - 10.00am	Junior Swimfit
10.00am - 12.00pm	Floats and Fun
12.00pm - 1.00pm	Public Swimming
1.30pm - 2.30pm	Private Hire/Parties

Sunday

7.30am - 9.00am	Lane Swimming
9.00am - 10.00am	Floats and Fun
10.00am - 12.00pm	Public Swimming****
12.00pm - 1.00pm	Family Swimming
1.30pm - 2.30pm	Lane Swimming**

FREE for all registered teens and juniors

Family Swim – Admission policy applies



*3 Lanes Only **4 Lane Session

Learner Pool Only *Main Pool Only

Version 1. Correct at the time of print.

All of our timetables are available on our website and the Pembs Leisure App.

This item is also available in Welsh/Mae'r eitem hon ar gael yn Gymraeg hefyd. For a copy in large print, easy-read, Braille, audio, or an alternative language, please contact Pembrokeshire County Council on 01437 764551.

Booking and Cancellation Policy Applies.

Tenby Leisure Centre 01437 775678

WWW.PEMBROKESHIRELEISURE.CO.UK

