SWIMMING POOL TIMETABLE Monday 2ND September - Sunday 27th October 2024





Monday

6.00am – 9.00am 11.30am – 12.30pm 5.45pm - 6.30pm 8.00pm – 9.00pm

Tuesday

7.00am – 8.00am 8.15am – 9.15am 6.00pm – 7.00pm 7.00pm – 7.45pm 8.00pm – 9.00pm

Wednesday

6.00am – 9.00am 2.45pm – 3.25pm 6.00pm – 6.45pm 7.00pm – 8.00pm 8.00pm – 9.00pm Lane Swimming** Lane Swimming Swim Pod Lane Swimming

Lane Swimming** Aqua Fit Public Swimming Adult Improver Lessons Aqua Fit

Lane Swimming**

Public Swimming

Public Swimming

Lane Swimming

Floats & Fun

Thursday

7.00am – 9.00am 9.15am – 11.30am

11.45am – 12.45pm 11.45am – 12.45pm 1.00pm – 2.00pm 5.30pm – 6.15pm 7.15pm – 8.00pm 8.00pm – 9.00pm Lane Swimming** Bubbles & Splash Lessons Aqua Fit Public Swimming Lane Swimming Swim Pod Adult Swimming Lane Swimming

Friday

 7.00am – 9.00am
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 10.30am – 11.30am
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 12.00pm – 1.00pm
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 6.00pm – 6.45pm
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Lane Swimming** Public Swimming Lane Swimming Floats & Fun

Saturday

7.30am – 9.00am Lane S 9.15am - 10.15am ALN F (Learner 10.30am – 12.00pm Public

1.00pm – 2.00pm

2.30pm – 3.30pm

12.00pm - 1.00pm

Lane Swimming** ALN Floats & Fun (Learner pool only) Public Swimming Family Floats & Fun* (Learner pool & shallow end of main pool only) Public Swimming Private hire/Parties

	Learner pool only
	FREE for all registered children aged 19 & under
*	Family Floats & Fun ratio: 0-3 years - One responsible person 16+ to two children 4-7 years - One responsible person 16+ to three children 0-3 & 4-7 years - One responsible person 16+ to three children (one aged 0–3 and two aged 4–7)
**	No pre-booking, book in at the centre on arrival.
ALN	Addition Learning Needs
<u>Although not essential, we would recommend booking to guarantee</u> <u>your space</u>	

Sunday

8.15am – 9.45am Lane Swimming**
9.45am – 11.00am Public Swimming
11.00am – 12.00pm Family Floats & Fun* (Learner pool & shallow end of main pool only)
12.00pm – 1.00pm Public Swimming
1.30pm – 2.30pm Private hire/Parties



ALL TIMETABLES ARE AVAILABLE ON OUR APP. THIS ITEM IS ALSO AVAILABLE IN WELSH. For a Copy in Large Print, Easy-Read, Braille, Audio, or an Alternative Language, please contact pembrokeshire county council on <u>01437 764551</u>