



PEMBROKESHIRE
LEISURE
HAMDDEN SIR
BENFRO

29 752 17

GUIDELINES FOR SHARING

- PLEASE MAKE SURE YOU HAVE PERMISSION TO SHARE THE IMAGE
- ONLY SHARE IMAGES IF ALL THE PEOPLE IN THE PICTURE ARE HAPPY FOR YOU TO DO SO
- MAKE SURE YOU TAG US USING @PEMBROKESHIRELEISURE
- OR USE OUR #'S BELOW
- BY TAGGING US, YOU ARE AGREEING TO US SHARING YOUR IMAGE
- IF YOU WANT TO KNOW MORE PLEASE READ OUR PRIVACY POLICY ON OUR WEB PAGE

WHAT WE WANT TO ACHIEVE

- WE WANT YOU TO BE PART OF OUR COMMUNITY
- WE WANT TO SHARE YOUR WORKOUTS TO OUR INSTAGRAM STORIES TO INSPIRE OTHERS
- WE WANT YOU TO FEEL PROUD OF YOUR ACHIEVEMENTS, SO TELL US!

123

#PEMBSLEISURE

#PEMBROKESHIRELEISURE

#GETFITSTAYFITPEMBS

#PEMBSFIT

#PEMBSLEISURECHALLENGE

#PEMBSFITCHALLENGE

#UKACTIVE

#PLWOD

#WOD

