FISHGUARD LEISURE CENTRE



Swimming Pool Timetable Wednesday December 27th 2023 – Sunday January 7th 2024

Wednesday 27th - Saturday 30th December

8.00am - 10.00am Lane Swimming

10.00am - 11.00am Family Floats & Fun* (Learner

pool & shallow end of main pool only)

11.00am – 12.30pm Public Swimming

Sunday 31st December & Monday 1st January

Pool Closed

Tuesday 2nd January

7.00am - 8.00am Lane Swimming

8.15am – 9.15am Aqua Fit
10.00am – 11.30am Floats & Fun
12.00pm – 1.00pm Lane Swimming
1.30pm – 2.15pm Pool Inflatable**

4.00pm - 5.00pm Family Floats & Fun* (Learner

pool & shallow end of main pool only)

6.00pm – 7.00pm Public Swimming

7.00pm – 7.45pm Adult Improver Lessons

8.00pm - 9.00pm Aqua Fit

Wednesday 3rd January

7.00am – 9.00am 10.30am – 11.30am 12.00pm – 1.00pm 1.00pm – 2.30pm

3.15pm – 4.15pm Family Floats & Fun* (Learner

pool & shallow end of main pool only)

5.00pm – 7.00pm Public Swimming

Please note:

Book & pay in advance is advisable

FREE for all registered children aged 19 & under.

* Family Floats & Fun ratio:

0-3 years - One responsible person 16+ to two children 4-7 years - One responsible person 16+ to three children

0-3 & 4-7 years - One responsible person 16+ to three children (one aged 0–3 and two aged 4–7)

** Aged 8+ must be competent swimmers in the deepend.

Thursday 4th January

7.00am – 9.00am Lane Swimming 10.00am – 11.30am Floats & Fun 11.45am – 12.45pm Aqua Fit 2.15pm – 3.15pm ALN Swimming

5.30pm – 7.00pm Public Swimming

7.15pm – 8.00pm Adult Beginner Lessons

8.00pm – 9.00pm Lane Swimming

Friday 5th January

7.00am – 9.00am 9.00am – 11.30am 12.00pm – 1.00pm 1.00pm – 2.30pm

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3.15pm – 4.15pm Family Floats & Fun (Learner pool

& shallow end of main pool only

5.00pm – 6.45pm Floats & Fun

Saturday 6th January

8.30am – 10.00am Lane Swimming

10.15am - 11.15am ALN Floats & Fun (Learner pool only)

11.30am – 1.00pm Public Swimming

1.00pm – 2.00pm Family Floats & Fun* (Learner pool

& shallow end of main pool only)

2.00pm – 3.00pm Public Swimming

Sunday 7th January

8.15am – 9.45am Lane Swimming 9.45am – 11.00am Public Swimming

11.00am - 12.00pm Family Floats & Fun* (Learner pool

& shallow end of main pool only)

12.00pm - 1.00pm Public Swimming

For a copy in large print, easy-read, Braille, audio, or an alternative language, please contact 01437 764551

Version 1 27/12/23 Correct at time of printing
This item is also available in Welsh/ Mae'r eitem hon ar gael yn Gymraeg
hefyd







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