

HALF TERM JUNIOR ACTIVITY TIMETABLE

Monday 16th February – Sunday 22nd February 2026

| DAY | ACTIVITY | TIME | AGE |
|------------------|-------------------------|---------------|-------|
| MONDAY | Family Fitness* | 09:00 - 17:00 | 11+ |
| | Family Floats and Fun** | 09:30 - 11:30 | 0+ |
| | Floats & Fun | 13:30 - 17:00 | 0+ |
| TUESDAY | Family Fitness* | 09:00 - 17:00 | 11+ |
| | Disco Floats & Fun** | 09:30 - 11:30 | 0+ |
| | Play Session** | 09:00 - 12:00 | 0 - 8 |
| | ALN Play Session** | 12:30 - 13:30 | 0 - 8 |
| | Floats & Fun | 13:30 - 17:00 | 0+ |
| WEDNESDAY | Family Fitness* | 09:00 - 17:00 | 11+ |
| | Family Floats & Fun** | 09:30 - 11:30 | 0+ |
| | Design Squad** | 10:30 - 11:30 | 0+ |
| | Floats & Fun | 13:30 - 16:00 | 0+ |
| THURSDAY | Family Fitness* | 09:00 - 17:00 | 11+ |
| | Floats & Fun** | 10:00 - 12:00 | 0+ |
| | Floats & Fun | 13:30 - 17:00 | 8+ |
| FRIDAY | Family Fitness* | 09:00 - 17:00 | 11+ |
| | Family Floats and Fun** | 09:30 - 11:30 | 0+ |
| | Floats & Fun | 13:30 - 16:00 | 0+ |
| SATURDAY | Family Fitness* | 07:30 - 15:00 | 11+ |
| | Family Swimming** | 11:00 - 11:55 | 0+ |
| | Floats & Fun | 12:00 - 13:00 | 0+ |
| SUNDAY | Family Fitness* | 07:30 - 15:00 | 11+ |
| | Floats & Fun | 12:30 - 14:30 | 0+ |

*Accompanied by adult and induction required

**Free for all registered juniors & teens