

SUMMER HOLIDAY JUNIOR TIMETABLE

WET-SIDE ACTIVITIES

Please be advised that **all sessions scheduled in the Variable Pool** during the week commencing 27th July will **not take place due to essential maintenance**. We apologise for any inconvenience caused.

	ACTIVITY	TIME	POOL
MONDAYS	Disco Floats & Fun Disco Floats & Fun Disco Floats & Fun FREE Public Swimming	9:30am - 10:30am 9:30am - 10:30am 1:45pm - 2:45pm 3:00pm - 4:00pm	Small Pool Variable Pool Variable Pool Dual Pool
TUESDAYS	Floats & Fun Floats & Fun Disco Pool Inflatable	9:30am - 10:30am 9:30am - 10:30am 1:45pm - 2:45pm	Small Pool Variable Pool Variable Pool
WEDNESDAYS	Disco Floats & Fun Disco Floats & Fun Stroke Masterclasses Disco Floats & Fun Disco Floats & Fun FREE Public Swimming	9:30am - 10:30am 9:30am - 10:30am 10:15am - 11:40am 1:45pm - 2:45pm 1:45pm - 2:45pm 3:00pm - 4:00pm	Small Pool Variable Pool Variable Pool Small Pool Variable Pool Dual Pool
THURSDAYS	Floats & Fun Floats & Fun Disco Pool Inflatable Disco Floats & Fun* Disco Floats & Fun*	9:30am - 10:30am 9:30am - 10:30am 11:45am - 12:45pm 1:45pm - 2:45pm 1:45pm - 2:45pm	Small Pool Variable Pool Variable Pool Small Pool Variable Pool
FRIDAYS	Disco Floats & Fun Disco Floats & Fun Disco Floats & Fun Disco Floats & Fun	9:30am - 10:30am 9:30am - 10:30am 1:45pm - 2:45pm 1:45pm - 2:45pm	Small Pool Variable Pool Small Pool Variable Pool
SATURDAYS	Family Swimming Party Slots	11:05am - 12:05pm 12:30pm - 2:30pm	Small Pool
SUNDAYS	FREE Public Swim Public Swimming Floats & Fun Floats & Fun	9:00am - 10:00am 10:10am - 11:10am 11:15am - 1:45pm 1:45pm - 2:45pm	Small Pool Variable Pool Dual Pool Small Pool

*Excluding Thursday 23rd July.

Please note that FREE sessions apply to juniors & teens ONLY.

Due to Intensive Swimming Lessons taking place in the Small Pool and Variable Pool throughout August, please check our live timetable for the most up-to-date session availability.



For more information, please refer to our **Stroke Development Masterclasses** timetable. These classes commence in August.



To find out more information regarding these sessions, please visit. 
www.pembrokeshireleisure.co.uk or download our Pembs Leisure App now!

Please be aware that parents/guardians of children under 8 must remain in the building at all times.



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HAVERFORDWEST LEISURE CENTRE

	ACTIVITY	TIME	AGE FROM
MONDAYS	Family Fitness*	9:00am - 3:00pm	11+
	Junior Fitness*	1:00pm - 3:00pm	11+
TUESDAYS	Family Fitness*	9:00am - 3:00pm	11+
	Junior Fitness*	1:00pm - 3:00pm	11+
WEDNESDAYS	Family Fitness*	9:00am - 3:00pm	11+
	Junior Fitness*	1:00pm - 3:00pm	11+
THURSDAYS	Family Fitness*	9:00am - 3:00pm	11+
	Junior Fitness*	1:00pm - 3:00pm	11+
	FREE Design Squad***	11:30am - 12:30pm	4-10
FRIDAYS	Family Fitness*	9:00am - 3:00pm	11+
	Junior Fitness*	1:00pm - 3:00pm	11+
	FREE Junior Circuits	3:00pm - 3:45pm	11-16

PEMBROKESHIRE SPORTS VILLAGE (HAVERFORDWEST HIGH SCHOOL) SA61 2NX

	ACTIVITY	TIME	AGE FROM
MONDAYS	FREE Play Session	1:00pm - 2:30pm	3+
	FREE Active Zone	3:00pm - 4:30pm	7-11

* Gym Induction required

Please note that FREE sessions are for juniors & teens only

Please note that 31st August is a bank holiday so our opening hours and session times will differ.

To find out more information regarding these sessions, please visit. www.pembrokeshireleisure.co.uk or download our Pembs Leisure App now!

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