

Swimming Pool Timetable Commencing Monday 19th July 2021

Monday

0615 - 0730	Lane Swimming
0800 - 0900	Lane Swimming
0930 - 1030	Lane Swimming
1200 - 1300	Lane Swimming
1330 - 1430	Family Pod Session
1515 - 1615	Family Pod Session
1730 - 1900	Lane Swimming

Tuesday

0745 - 0900	Lane Swimming
0915 - 1000	Aqua Fit**
1030 - 1130	Family Pod Session*
1200 - 1300	Lane Swimming
1330 - 1430	Family Pod Session
1515 - 1615	Family Pod Session
1730 - 1815	Lane Swimming

Wednesday

0615 - 0730	Lane Swimming
0800 - 0900	Lane Swimming
1030 - 1130	Family Pod Session*
1200 - 1300	Lane Swimming
1330 - 1430	Family Pod Session
1515 - 1615	Family Pod Session
1815 - 1915	Tri-Swimming

Thursday

0745 - 0900	Lane Swimming
1030 - 1130	Family Pod Session*
1200 - 1300	Lane Swimming
1330 - 1430	Family Pod Session
1515 - 1615	Family Pod Session

Friday

0615 - 0730	Lane Swimming
0800 - 0900	Lane Swimming
1030 - 1130	Family Pod Session*
1200 - 1300	Lane Swimming
1330 - 1430	Family Pod Session
1515 - 1615	Family Pod Session
1630 - 1730	Lane Swimming
1745 - 1845	Lane Swimming

Saturday

0700 - 0830	Lane Swimming
1130 - 1230	Family Pod Session
1300 - 1400	Family Pod Session

Sunday

0700 - 0830	Lane Swimming
0900 - 1000	Family Pod Session
1030 - 1130	Family Pod Session
1300 - 1400	Family Pod Session

*Starting the week commencing 03.08.2021

** Aqua Ladies swim session on 03.08.21



Version 1. Correct at the time of print.

All of our timetables are available on our website and the Pembs Leisure App.

This item is also available in Welsh/Mae'r eitem hon ar gael yn Gymraeg hefyd.
For a copy in large print, easy-read, Braille, audio, or an alternative language, please contact
Pembrokeshire County Council on
01437 764551.

Booking and Cancellation Policy Applies.