

SWIMMING POOL TIMETABLE

MONDAY 22ND JULY - SUNDAY 1ST SEPTEMBER 2024



Monday (Excludes 26th August)

6:00am - 7:00am	Lane Swimming
7:00am - 8:00am	Lane Swimming**
8:00am - 9:00am	Public Swimming
10:00am - 11:55am	Family Swimming
12:00pm - 1:00pm	Lane Swimming
12:00pm - 1:00pm	Public Swimming*
1:30pm - 5:00pm	Floats & Fun
5:30pm - 6:30pm	Lane Swimming**
7:00pm - 7:55pm	Lane Swimming
9:00pm - 10:00pm	Public Swimming

Tuesday

6:00am - 7:00am	Lane Swimming
7:00am - 8:00am	Lane Swimming**
8:00am - 9:00am	Public Swimming
9:00am - 10:00am	ALN Family Swimming
10:00am - 11:55am	Family Swimming
12:00pm - 1:00pm	Lane Swimming
12:00pm - 1:00pm	Public Swimming*
1:30pm - 3:30pm	Family Floats & Fun
3.30pm - 5.30pm	Disco Floats & Fun
6:45pm - 7:55pm	Lane Swimming
8:00pm - 9:00pm	Public Swimming

Wednesday

6:00am - 7:00am	Lane Swimming**
7:00am - 8:00am	Lane Swimming
8:15am - 9:00am	Aqua Fit
9:00am - 10:00am	Family Swimming
10:00am - 11:55am	Public Swimming
12:00pm - 12:55pm	Lane Swimming
12:00pm - 12:55pm	Public Swimming*
1:30pm - 5:00pm	Floats & Fun
5:30pm - 6:25pm	Lane Swimming

Thursday

6:00am - 6:55am	Lane Swimming
7:00am - 7:55am	Adult Swimfit
8:00am - 9:00am	Public Swimming
9:10am - 9:55am	Aqua Fit
10:00am - 11:55am	Family Swimming
12:00pm - 1:00pm	Public Swimming*
12:00pm - 1:15pm	Lane Swimming
2:00pm - 3:00pm	Pool Inflatable +
3:30pm - 4:30pm	Disco Floats & Fun
7:15pm - 8:00pm	Public Swimming
8:00pm - 9:00pm	Lane Swimming**
9:00pm - 10:00pm	Lane Swimming

Friday

6:00am - 7:00am	Lane Swimming**
7:00am - 8:30am	Lane Swimming
9:00am - 10:00am	Public Swimming
10:00am - 11:55am	Family Swimming
12:00pm - 1:00pm	Public Swimming*
12:00pm - 1:15pm	Lane Swimming
1:30pm - 5:00pm	Floats & Fun
5:05pm - 6:00pm	Lane Swimming

Saturday

7:30am - 8:30am	Lane Swimming**
9:30am - 10:30am	Public Swimming*
11:00am - 11:55am	Family Swimming
12:00pm - 1:00pm	Floats & Fun
1:30pm - 2:30pm	Private Hire/Parties

Sunday

9:45am - 10:45am	Public Swimming
11:00am - 11:55pm	Lane Swimming
12:30pm - 1:30pm	Public Swimming
1:30pm - 2:30pm	Floats & Fun

FREE for all registered children aged 19 & under
These sessions will not be running w/c 29th July & 5th Aug, please see separate Summer of Fun timetable for more information.
+ Must be confident swimming in deep water. Admission policy applies.
Family Swim - Admission policy applies
*Learner Pool Only **4 Lane Session
Although not essential, we would recommend booking to guarantee your space

