

SWIMMING POOL TIMETABLE

MONDAY 14TH APRIL - SUNDAY 27TH APRIL 2025



Monday (OPEN 8.00AM - 1.00PM EASTER MONDAY 21ST APRIL)

6:00am - 7:00am	Lane Swimming*
7:00am - 8:00am	Lane Swimming
8:00am - 9:00am	Lane Swimming
9:30am - 11:30am	Family Floats & Fun
12:00pm - 1:00pm	Lane Swimming
12:00pm - 1:00pm	Public Swimming**
1:00pm - 4:00pm	Public Swimming
4:00pm - 5:00pm	Disco Floats & Fun
9:00pm - 10:00pm	Lane Swimming*

Tuesday

7:00am - 8:30am	Lane Swimming
8:45am - 9:30am	Aqua Fit***
10:00am - 5:00pm	Public Swimming
5:30pm - 6:30pm	Lane Swimming
8:00pm - 9:00pm	Tri-Swim
9:00pm - 10:00pm	Lane Swimming*

Wednesday

6:00am - 7:30am	Lane Swimming*
7:30am - 8:30am	Lane Swimming
9:00am - 11:45am	Floats & Fun
12:00pm - 1:00pm	Lane Swimming
12:00pm - 1:00pm	Public Swimming**
1:00pm - 4:00pm	Public Swimming
4:00pm - 5:00pm	Disco Floats & Fun
5:30pm - 6:30pm	Lane Swimming*
6:30pm - 7:30pm	Lane Swimming*
9:00pm - 10:00pm	Lane Swimming

Thursday

7:00am - 8:00am	Lane Swimming*
8:00am - 9:00am	Lane Swimming
9:15am - 10:15am	Floats & Fun
10:30am - 11:30am	Pool Inflatable+
12:00pm - 5:00pm	Public Swimming****
9:00pm - 10:00pm	Lane Swimming

Friday (OPEN 8.00AM - 1.00PM GOOD FRIDAY 18TH APRIL)

6:00am - 7:00am	Lane Swimming*
7:00am - 8:00am	Lane Swimming
8:00am - 9:00am	Lane Swimming
9:30am - 11:30am	Family Floats & Fun
12:00pm - 1:00pm	Lane Swimming
12:00pm - 1:00pm	Public Swimming**
1:00pm - 3:45pm	Public Swimming
3:45pm - 4:45pm	Disco Floats & Fun
5:00pm - 6:00pm	Adult Swimfit
7:00pm - 8:00pm	Lane Swimming*
8:00pm - 9:00pm	Lane Swimming

Saturday

7:30am - 9:00am	Lane Swimming
8:00am - 10:00am	Family Swimming
9:00am - 10:00am	Junior Swimfit
10:00am - 12:00pm	Floats and Fun
12:00pm - 1:00pm	Public Swimming
1:30pm - 2:30pm	Private Hire/Parties

Sunday

7:30am - 9:00am	Lane Swimming
9:00am - 10:00am	Family Floats and Fun
10:00am - 1:00pm	Public Swimming
1:30pm - 2:30pm	Lane Swimming*

FREE for all registered children aged 19 & under
Family Swim – Admission policy applies
*4 Lane Session **Learner Pool Only ***15/04/2025 only. ****No swimming 2pm-3.30pm 24/04/2025. + Must be confident in deep water. Admission policy applies.
Although not essential, we would recommend booking to guarantee your space



ALL TIMETABLES ARE AVAILABLE ON OUR APP. THIS ITEM IS ALSO AVAILABLE IN WELSH.
FOR A COPY IN LARGE PRINT, EASY-READ, BRAILLE, AUDIO, OR AN ALTERNATIVE LANGUAGE,
PLEASE CONTACT PEMBROKESHIRE COUNTY COUNCIL ON 01437 764551