PEMBROKE LEISURE CENTRE

Christmas Timetable

Friday 24th December

8:00am - 9:00am 9:30am - 10:15am 10:00am - 10:45am 10:30am - 11:15am 12:00pm - 1:00pm 1:15pm - 2:00pm Lane Swimming Group Cycling Swim Pods Core & Stretch Lane Swimming Swim Pods

Tuesday 28th December

8:00am - 9:00am 9:15am - 10:00am 9:30am -10:15am 10:00am - 10:45am 12:00pm - 1:00pm 1:15pm - 2:00pm Lane Swimming Aqua Fit Kettlebell Swim Pods Lane Swimming Swim Pods

Wednesday 29th December

8:00am - 9:00am 9:30am - 10:15am 10:00am - 10:45am 10:30am - 11:30am 12:00pm - 1:00pm 1:15pm - 2:00pm Lane Swimming HITT & Core Swim Pods Yoga Lane Swimming Swim Pods



PEMBROKESHIRE LEISURE HAMDDEN SIR BENFRO

Thursday 30th December

8:00am - 9:00am 9:15am - 10:00am 9:30am -10:15am 10:00am - 10:45am 12:00pm - 1:00pm 1:15pm - 2:00pm

Sunday 2nd January

10:00am - 10:45am

Monday 3rd January

12:00pm - 1:00pm

1:15pm - 2:00pm

8:00am - 9:00am

9:00am - 9:30am

10:00am - 10:45am

12:00pm - 1:00pm

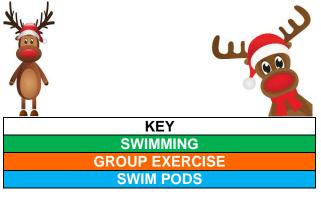
1:15pm - 2:00pm

8:00am - 9:00am

Lane Swimming Aqua Fit Group Cycling Swim Pods Lane Swimming Swim Pods

Lane Swimming Swim Pods Lane Swimming Swim Pods

Lane Swimming Metafit Swim Pods Lane Swimming Swim Pods



Version 1. Correct at the time of print. All of our timetables are available on our website and the Pembs Leisure App.

This item is also available in Welsh/Mae'r eitem hon ar gael yn Gymraeg hefyd. For a copy in large print, easy-read, Braille, audio, or an alternative language, please contact Pembrokeshire County Council on 01437 764551.

Booking and Cancellation Policy Applies.

Pembroke Leisure Centre 01437 776660 WWW.PEMBROKESHIRE.GOV.UK/LEISURE